Molded Sock Aid with Two Handles

Put on socks without having to bend over.

- Designed for people who have difficulty reaching their feet to put socks or stockings on.
- Helpful for people who have pain, limited motion or weakness in their hips, legs or back.
- Ideal for conditions such as arthritis, stroke or following total hip replacement surgery.
- Soft foam handles for a comfortable grip.
- Foam disc on the underside of the trough prevents the sock from sliding off before it is completely on the foot.
- Firm design holds its shape, keeping sock open for easier application.
- The 33" (84cm) cords can be cut to adjust the length.
- Good hand strength is required to flex the plastic sock aid trough.
- Hand washable.

NOTE: This product is recommended for people who have some degree of strength in their legs.

Made in China
**Instructions For Use - Two Hands**

For best results, handles should reach approx. knee height. If cord is too long, cut cord and retie the knots at the base of the Molded Sock Aid.

1. Gather sock and pull over the end of the trough. The foam disk on the bottom of the trough will help hold the sock or stocking in place.

2. Place the Molded Sock Aid on the floor. Move the cord handles to adjust sock aid position. Hold the cord handles taut without bending forward.

3. Slip foot into the trough. If possible, lift the heel and wiggle the toes to help the foot slide in. Pull the handles upward until toes reach the sock end and foot is inside trough.

4. Continue pulling upward on the handles until the sock is completely on and the sock aid slides out of the sock. For best results, point toes and extend knee while pulling handles.