



## MediBeads® INSTRUCTIONS FOR USE

This product contains *MediBeads* which are natural and non-toxic. To avoid possible injury, follow all directions carefully.  
Retain this insert for future reference.

1. Place **MediBeads product** into clean microwave oven. We recommend placing the product on a clean dinner plate rather than directly on the microwave shelf or turn table. If needed, fold to fit in the microwave. If folded heat for HALF of the recommended time, reverse the fold and then complete the heating time. For microwaves with wire racks, remove the rack prior to heating.
2. Heat at full power for the recommended time.

PRODUCT DESCRIPTION	RECOMMENDED HEATING TIME (in minutes)	TOTAL HEATING TIME (Do NOT Exceed)
34110/34115 MediBeads Standard Pad	1:30 minutes	2:30 minutes
34120/34125 MediBeads King Pad	2:30 minutes	4:00 minutes
34130/34135 MediBeads Neck Rest	1:30 minutes	2:30 minutes
34310/34315 MediBeads Sinus Wrap	1:00 minute	2:00 minutes
34320/34325 MediBeads Neck Wrap	1:30 minutes	2:30 minutes
34340/34345 MediBeads Therapy Wrap	1:30 minutes	2:30 minutes
* 34510/34515 MediBeads Hand Wrap	:45 seconds	1:30 minutes
* 34520/34525 MediBeads Carpal Cuff™	:30 seconds	1:00 minute
* 34530/34535 MediBeads Joint Wrap	1:00 minute	2:00 minutes
* 34570/34575 MediBeads Foot Wraps/pair	2:00 minutes	4:00 minutes

\* Also for cold therapy, place in the freezer for 2+ hours or overnight. Items may also be stored in the freezer.

Microwave ovens vary, so adjust the heating time as needed for your microwave oven. Do not use wrap if exposed to substances such as grease, oil, creams, or food residue. If you have circulatory problems or diabetes, consult your doctor before using. Use adult supervision for young children or elderly persons.

3. Remove product from microwave and apply. ALWAYS TOUCH TEST HEAT LEVEL BEFORE YOU APPLY TO THE BODY. If product was folded for heating, CAREFULLY TOUCH TEST THE INSIDE OF FOLD.
4. If higher temperature is desired, heat for an additional 15 seconds. Repeat as necessary.
5. If wrap is used 3 or 4 times continuously, a decrease in moisture output may occur. In this case, simply allow the pad to recharge for 2 to 3 hours before reusing.
6. When reheating a recently used **MediBeads** product, REDUCE the recommended heating time by HALF.
7. If you fold a **MediBeads** wrap during heating, it is recommended that the fold be reversed and the wrap rotated in the microwave after half the heating time has elapsed.

### CARE INSTRUCTIONS

**MUST wait 2 hours after use to wash.** Surface clean or hand wash with mild soap using **COLD** water. After washing, the pad **MUST** air dry for 24 hours. **DO NOT WASH IN HOT OR WARM WATER. DO NOT MACHINE WASH.**

**Limited Product Warranty:** Bruder Healthcare Company/BHC warrants you, the first purchaser of this product, that this product will be free from defects in material and workmanship for the period of time stated on the package from the date of purchase. The liability under this limited product warranty will be limited to repairing or replacing the defective product at BHC's sole discretion.

If this product is defective, you may return it for evaluation and potential repair/replacement. The product must be sent prepaid and by a traceable means to BHC. The following must be included to qualify for the warranty: Original proof of purchase and packaging.

Wear and tear from normal use, or damage resulting from misuse or abuse of this product are not covered by the warranty. Product damage resulting from failure to observe operating instructions will null and void the warranty.

This limited product warranty is in lieu of all other warranties respecting this product, whether express or implied including, but not limited to the implied warranties or merchantability and fitness for a particular purpose. However, warranties implied under applicable state law will also continue to apply to this product for the full warranty period from your date of purchase. Some states do not allow limitations on how long an implied warranty exists, so the above limitation may not apply to you. In no event will BHC be liable to you for any incidental or consequential damages resulting from your handling or use of this product. Some states do not allow limitation of incidental or consequential damages, so the above limitation and exclusion may not apply to you. This limited warranty gives you special legal rights regarding this product, and you may also have other rights against BHC, which vary from state to state.